

- Opening prayer
- Opening discussion – what’s been going on this week in everyone’s life (10 minutes)
- Today’s scripture – (10-15 minutes)

Read Ephesians 4:29-30 (New International Version).

What are some practical examples of “unwholesome” talk?

In what ways do we tear others down? Why do we do this?

How can we build others up in our day to day routine?

What are some practical ways that we can “benefit” others? How is this different than building them up?

What does it mean to grieve the Holy Spirit?

- Prayer requests / closing prayer (5-10 minutes)
(not generally for broad requests or those outside the group – about things that are going on or on the heart of those present)
- EACH PERSON PRAY FOR ANOTHER IN THE GROUP – Last person close for the group
- When you finish, please send a quick text or email to info@come2crossroads.org
Let us know when you met, who was present and which study you utilized
Any commentary is great too ...
We want to keep track of who is “Thriving”